

Conference Program

Monday 31st October 2016

8:00 – 9:00

Registration -

China in the World Building, Building 188, Fellows Lane ANU — Lotus Hall

9:00 – 10:10

Opening Plenary - Auditorium

Welcome, Acknowledgement & Opening
Professor Brian P. Schmidt AC, Vice-Chancellor
The Australian National University

ERA Welcome

Professor Kaarin Anstey

Director, Centre for Research on Ageing, Health and Wellbeing
Director, NHMRC CRE in Cognitive Health
Director, Dementia Collaborative Research Centre – Early Diagnosis and Prevention
ANU Research School of Population Health

Courtney Hempton

ERA National Administrator

Message from our Silver Sponsor - Goodwin Aged Care Services
Tamra Macleod, Aged Care Specialist Nurse Practitioner



GOODWIN
THE BETTER LIFE CHOICE

Keynote

Making a difference on the other side of the fence: Using a PhD in policy

Dr Chris Hatherly

Director, Science Policy and Projects
Australian Academy of Science

10:10 – 10:40

Morning Tea and Poster Viewing

Lotus Hall

Conference Program

| | Session A | Session B | Session C | |
|-------------|--|---|---|--|
| 10:40-12:00 | <p>Physical Functioning Pathways</p> <p>Auditorium Chair: Dr Kim Kiely</p> | <p>Pathways to Health Promotion & Physical Activity</p> <p>Seminar Room A Chair: Dr Kerry Sargent-Cox</p> | <p>Pathways for Service Use & Planning</p> <p>Seminar Room B Chair: Dr Da Jiang</p> | |
| | <p>Spinal manipulative therapy for neck pain and dizziness in older people: A feasibility randomised controlled trial Julie Kendall RMIT</p> | <p>Bridging interest and learning of mobile touch screen technologies for older adults Jeanie Beh Swinburne University of Technology</p> | <p>Medical service utilization among Australian older women with asthma Parivash Eftekhari University of Newcastle</p> | |
| | <p>Standard x-ray– Undetectable osteophytes are associated with changes in knee pain and structures in older adults: A population based cohort study Zhaohua Zhu University of Tasmania</p> | <p>A mixed methods study of health promotion of hypertensive Thai elders: The health promotion compass Thitaporn Keinwong University of Newcastle</p> | <p>The types and patterns of HACC service use among a large cohort of Australian women as they age from 77-80 to 87-90 Mijanur Rahman University of Newcastle</p> | |
| | <p>Bimetric trajectory analysis of sit-to-stand can be indicative of risk of fall among older people Maryam Ghahramani The University of Wollongong</p> | <p>What is the effect of health coaching on physical activity participation in older people?: A systematic review of randomised controlled trials Juliana Oliveira University of Sydney</p> | <p>Transforming space to place: A case study of placemaking in residential aged care Aaron Wyllie Monash University</p> | |
| | <p>The effects of manual therapy on falls and physical performance measures in people with musculoskeletal pain: A systematic review Julie Kendall RMIT</p> | <p>Promoting active ageing in older people with mental disorders in communities: Development and testing of a survey instrument Kedsaraporn Kenbubpha University of Newcastle</p> | <p>Development of non-intrusive methodology to assess indoor environment in residential aged care facilities Federico Tartarini University of Wollongong</p> | |
| | <p>Measured mobility status is strongly associated with functional independence in community dwelling older people: An observation cross-sectional study David Lester University of Sydney</p> | <p>You're never too old to walk Samantha Fien Bond University</p> | <p>'Remember, I live with my mother': The housing circumstances of women baby boomers in Australia Cassie Curryer University of Newcastle</p> | |
| | <p>Preventing falls amongst older aboriginal people: Development and pilot evaluation of the Ironbark Project Caroline Lukaszuk University of Sydney</p> | <p>How physical exercise can benefit individuals living with dementia in nursing homes Lindsey Brett University of Wollongong</p> | <p>Living arrangements of older persons in the Philippines: Patterns and determinants Jeofrey Abalos Australian National University</p> | |
| | <p>Lunch and Poster Viewing Lotus Hall</p> | | | |
| | 12:00-1:00 | | | |

Conference Program

| | Session D | Session E | Session F |
|-----------|--|---|--|
| 1:00-2:05 | <p>Pathways for the Psychosocial Dimensions of Ageing Auditorium Chair: Dr Kerry Sargent-Cox</p> <p>Ageing well as an autistic adult in Australia <i>Ye In Hwang</i> <i>University of New South Wales</i></p> <p>Depressive symptoms in older adults awaiting cataract surgery <i>Anna Palagyi</i> <i>University of Sydney</i></p> <p>Effectiveness of a combination of Tai Chi plus Thera-bands on stress, depression, anxiety, pain and well-being in older sedentary office workers: A study protocol for a pilot study <i>Meling Qi</i> <i>Griffith University</i></p> <p>The evaluation of a spiritual reminiscence therapy program for older Malaysian adults with loneliness, anxiety and depression <i>Sharifah Munirah Syed Elias</i> <i>The University of Queensland</i></p> <p>Life Satisfaction of older people: The case of Vietnam <i>Quang Trinh</i> <i>Australian National University</i></p> | <p>Neurological & Biological Ageing Pathways Seminar Room A Chair: Dr Erin Walsh</p> <p>Australian longitudinal study of older persons: Hearing impairment <i>Carlene Britt</i> <i>Monash University</i></p> <p>Associations between myelination and cardiovascular health in vivo <i>Thomas Shaw</i> <i>Australian National University</i></p> <p>Cerebellum and Alzheimer's disease <i>Hossein Tabataba El-Jafari</i> <i>Australian National University</i></p> <p>Mapping differences in brain myelin between midlife and early-old age <i>Sidhant Chopra</i> <i>Australian National University</i></p> <p>The association between kidney function, brain structure and cognition in a community-based population <i>Peiqi Dong</i> <i>Australian National University</i></p> | <p>Practitioner Perspectives of Pathways Seminar Room B Chair: Ms Lily O'Donoughue Jenkin</p> <p>Dementia care in radiography <i>Rachel Challen</i> <i>University of Sydney</i></p> <p>Prevention of suicide among nursing home residents: Recommendations from expert and stakeholder panels <i>Briony Murphy</i> <i>Monash University</i></p> <p>The experience of moral distress for Australian aged care workers: Implications for care delivery <i>Adam Burston</i> <i>The University of Queensland</i></p> <p>Don't worry, be happy! The surprising role that optimism and hope has on retaining workers within organisations <i>Katrina Radford</i> <i>Griffith University</i></p> <p>Working well with older adults and their sexual expression <i>Linda Kirkman</i> <i>La Trobe University</i></p> |
| 2:10-2:30 | <p>Rapid Fire Oral Presentations Sponsored by the Australian Association of Gerontology Auditorium—Chair: Dr Kim Kiely</p> | | |
| | <p>Enacting CDC for people with dementia living in the community and their carers: A situational analysis <i>Tracee Cash</i> <i>Griffith University</i></p> <p>Making strides in aged care <i>Samantha Fien</i> <i>Bond University</i></p> | <p>Volunteering benefits life satisfaction and cognitive functioning in older adulthood: The role of social network size <i>Da Jiang</i> <i>Australian National University</i></p> <p>Hippocampus and basal forebrain degeneration precedes cognitive decline in obstructive sleep apnea patients <i>Lacey Atkins</i> <i>The University of Queensland</i></p> | <p>Crossing the river: Learning experiences of Thai elders with hypertension when receiving health education <i>Thitaporn Keinwong</i> <i>University of Newcastle</i></p> |



Conference Program

2:30—3:00

Afternoon Tea and Poster Viewing Lotus Hall

Session G

Session H

Session I

3:00 – 4:05

Pathways through Dementia

*Sponsored by
Goodwin Aged Care Services*

Auditorium

Chair: Dr Moyra Mortby

A novel test assessing social Age-ility in people with dementia

Karen Bell-Weinberg
University of Newcastle

Supporting a person to age well while living with dementia: A grounded theory study

Sheridan Read
Curtin University

The impact of the MAXCOG intervention: The views of clients, supporters and counsellors

Bridget Regan
La Trobe University

Ageing well through the prevention of dementia: A protocol for a multidomain MCI intervention

Mitchell McMaster
Australian National University

Geo-spatial mapping projected dementias and their implications for health and aged care services

Hamish Robertson
University of New South Wales

Social Relationships & Participation Pathways

Seminar Room A

Chair: Dr Sarang Kim

The devil's in the detail: To what extent can a written agreement protect the assets of an older person who enters into an assets for care arrangement with their children?

Teresa Somes
University of South Australia

'I'm glad you're here': Stories from Aboriginal people in the pastoral industry

Delyna Baxter
Australian National University

Reaching out to touch: Couples' companionship needs vs. institutional interference

Alison Rahn
University of New England

Facing loneliness directly: An existential perspective of the Chinese older adults

Betty Chung
The Hong Kong Polytechnic University

Coming out later in life: Exploring the experiences of older lesbian and bisexual women

Li-Min Lee
Southern Cross University

Nutrition & Diet Pathways

Seminar Room B

Chair: Dr Diane Hosking

Associations between nutrient intake and composition of functional tooth units in older men: The Concord Health and Ageing in Men project

Kate Milledge
University of Sydney

Malnutrition screening of community living older adults: A content analysis of enablers and barriers to screening practice

Dana Craven
University of the Sunshine Coast

Who eats well? The meal patterns of older Australians living in one-person households in the ACT

Elizabeth Low
University of Canberra

Deconstructing diet—Investigating the link between diet and body weight in ageing

Erin Walsh
Australian National University



GOODWIN
THE BETTER LIFE CHOICE

Conference Program

4:10-5:00

Closing Plenary - Auditorium

Keynote

Exercise to prevent falls: Research overview and implementation challenges

Professor Cathie Sherrington

NHMRC Senior Research Fellow

The George Institute and University of Sydney

Announcement of Prizes

Best Oral Presentation—*Sponsored by Hallmark Ageing Research Initiative*



Best Poster

Best Full Written Paper

Helen Bartlett Prize for Innovation in Ageing Research

Best Rapid Fire Presentation Prize— *Sponsored by Australian Association of Gerontology*



Message from our Silver Sponsor - Australian Association of Gerontology

Dr Helen Barrie (Feist), President

Announcement of the ERA Travel Exchange Recipients and ERA 2017 Conference

Courtney Hempton

ERA National Administrator

Closing

Conference Reception

Lotus Hall

Sponsored by Carers Australia

5:00-7:00



Posters

Posters will be displayed throughout Monday 31st October in the Lotus Hall

Delegates are encouraged to take time during tea and lunch breaks to view the posters and meet the authors.

For the first time, poster presenters have been invited to do a rapid oral presentation at 2.10pm to highlight their research and encourage participants to view the posters. The participating rapid presenters are asterisked below

| No | Title | Authors |
|----|---|---|
| 1 | Gender differentials in cognition among older adults in India and China: Role of height, childhood socioeconomic status and education | Selvamani Yesuvadian International Institute for Population Sciences |
| 2 | Default attentional strategies across the adult lifespan | Rebecca Lawrence Australian National University |
| 3 | Botanical supplements for management of the behavioural and psychological symptoms of dementia: A systematic review and meta-analysis | Anna Hyde RMIT |
| 4 | Crossing the river: Learning experiences of Thai elders with hypertension when receiving health education * | Thitaporn Keinwong University of Newcastle |
| 5 | Review: Improving care for people with dementia in acute settings through 'person-centered' approaches | Kara Cappetta University of Wollongong |
| 6 | Making strides in aged care * | Samantha Fien Bond University |
| 7 | Volunteering benefits life satisfaction and cognitive functioning in older adulthood: The role of social network size * | Da Jiang Australian National University |
| 8 | Association between MRI-detected osteophytes and changes in knee structures and pain in older adults: A cohort study | Zhaohua Zhu University of Tasmania |
| 9 | Promoting active ageing in older people with mental disorders in Thai primary care units: The findings of focus groups with health care workers | Kedsaraporn Kenbubpha University of Newcastle |
| 10 | Hippocampus and basal forebrain degeneration precedes cognitive decline in obstructive sleep apnea patients * | Lacey Atkins The University of Queensland |
| 11 | Enacting CDC for people with dementia living in the community and their carers: A situational analysis * | Tracey Cash The University of Queensland |

Workshop Program

Tuesday 1 November 2016

Conference Workshops

| | | | |
|------------|--|---|---|
| 9:00-10:30 | Longitudinal Research Methods presented by Dr Kim Kiely Law Building Seminar Room G21 | Using Research to Inform Health Promotion presented by Prof Kaarin Anstey for the NHMRC CRE in Cognitive Health China in the World Seminar Room A | Building Research Capacity presented by Prof Elizabeth Beattie Law Building Seminar Room G13 |
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| 10:30-11:00 | Morning Tea Lotus Hall | | |
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|-------------|--|---|---|
| 11:00-12:30 | Longitudinal Research Methods presented by Dr Kim Kiely Law Building Seminar Room G21 | Using Research to Inform Health Promotion presented by Prof Kaarin Anstey for the NHMRC CRE in Cognitive Health China in the World Seminar Room A | Building Research Capacity presented by Prof Elizabeth Beattie Law Building Seminar Room G13 |
|-------------|--|---|---|

Conclusion of Workshops

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|-------|--|
| 12.30 | Conference participants registered for the joint ERA/AAG workshop on Critical Success Factors for an Academic Career will need to proceed to the AAG conference venue at the National Convention Centre by 1.15pm. |
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