

The 12th National Conference of Emerging Researchers in Ageing
Enabling Active Ageing

Staying on track with your PhD

Group exercise – 4 discussion topic areas:

- The urge to procrastinate
- Managing competing priorities
- Supervisory issues
- PhD research can be an isolating experience – so how to keep connected?
- Fears including dealing with your inner critic and imposter syndrome

Tables to discuss their assigned topics for 10 minutes then report back to the full group on their suggestions to deal with the above issues.

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